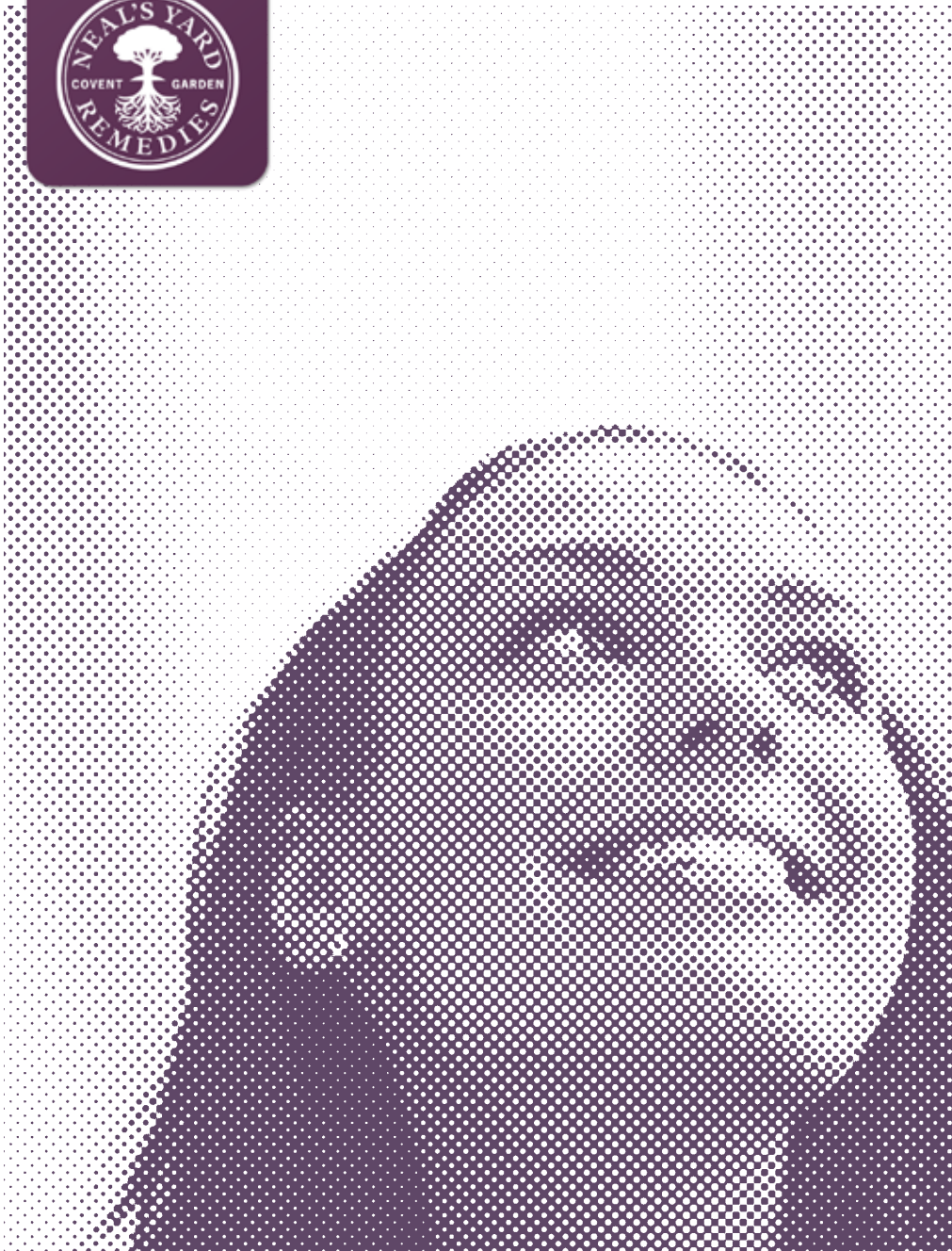


In partnership with



Onsite massage treatments

“Simply providing onsite treatments had a dramatic positive affect on team morale and performance.”

ALBERT VAN DER WESTHUIZEN | PARK PLAZA HOTEL GROUP

» return to glory

The preferred health and wellness team for over 200 SME's.

London

Onsite massage treatments

Onsite office massage has become a common practice in high-paced demanding urban offices.

Why? The long term benefits of an employee wellness initiative are well known and you may be working towards a strategy to promote health and wellbeing.

Companies who benefit from regular onsite massage treatments note the reduction in illness-related staff absence and increase in motivation and team spirit.

Company provided onsite treatments achieve the best possible outcome.

Question: If for little cost you could deliver a lasting message to your employees that their health is valued and their input is important to the success of the company, would you?

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Why choose Return to Glory?

Experts in our field

The corporate team at Return to Glory has five years of experience treating teams in different companies and at events. We have delivered treatment services for companies such as AKQA, Tesco, Investec and Coca Cola.

Each company is different and one of the initial challenges is to set up the treatments and market the benefits so as to gain maximum uptake.

The team of therapists are committed to delivering treatments that draw people back and back. The treatments are mostly held in silence – allowing the mind space to relax and revitalise.

Reputation

An up to date collection of recent case studies can be found on our website. Each documents how clients have experienced the treatments in their offices and the benefits they have brought about.

We have a dedicated corporate account manager is there to advise you on treatments and best ways of communicating the treatments and benefits to your team.

Results

Results can be measured from collating feedback post the treatments. The treatments refresh and relax instantly increasing productivity and moral but participants are also vocal about the effects of massage and appreciate the longer term effects.

“Samantha was a pleasure to work with and was incredibly helpful in answering all of my (often inane!) questions with complete professionalism. The girls who she booked to work on the night of the event were excellent and all had been perfectly briefed. I look forward to working with Samantha again – soon!”

TOP QUALITIES: GREAT RESULTS,
PERSONABLE
ISHWARYA RAGHUVeer

“Samantha has consistently been a joy to work with, both in terms of her enthusiasm for the work itself but also in the fact she will always go that extra mile to make sure she is offering the best possible service, often exceeding all expectations. I intend to work with Samantha a lot more in the future!”

TOP QUALITIES: GREAT RESULTS,
PERSONABLE
DENISE COOK, GRAPEFRUIT

Clinically Proven Results

Scientific research can now prove that even one massage session can cause significant physiological changes.

There have been many smaller studies on the health benefits of massage, but the most significant study published in October 2010*. This was the first study sponsored by the US National Institute of Health to investigate the effect of massage.

Benefits

Swedish Massage (the treatment provided onsite using kneading, tapotement, effleurage and petrissage) had three marked effects. There was a small decrease in cortisol levels and a large decrease in arginine vasopressin – a hormone that triggers the release of the stress hormone cortisol.

However, it was not only stress levels that were affected. The study also found that a single massage session can have an acute affect on the immune system. Another finding was that there was a notable decrease in cytokines – the molecules that carry signals between cells in the nervous system – produced by stimulated white blood cells. Those are associated with allergic inflammation ailments including asthma.

*Hyman Rapaport M et al. A preliminary Study on the Effects of a Single Session of Swedish Massage on Hypothalamic-pituitary-Adrenal and Immune Function in Normal Individuals





“Your team were highly qualified and professional and certainly left our employees feeling valued. We would not hesitate to use Return to Glory again.”

VICTORIA CROSS, KPMG

“It is inspiring to work with a company that is so professional, passionate, responsive and completely driven by offering outstanding service at all levels of the spectrum.”

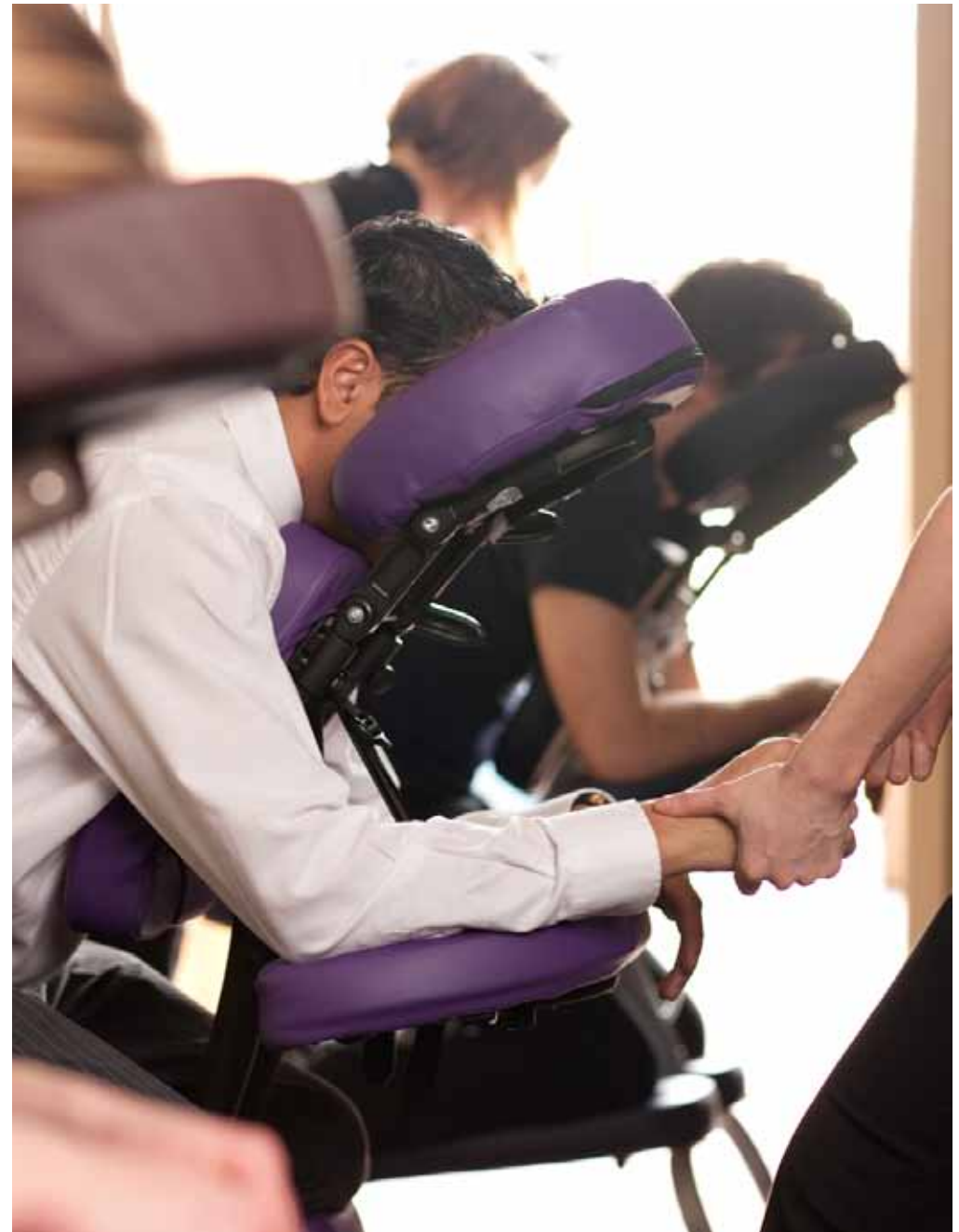
STACEY SPOONER, RADISSON EDWARDIAN

“On-site massage with Return to Glory made the challenges of the emergency call centre easier to deal with. It made me feel 100 times better, I was relaxed and my concentration improved.”

MET POLICE, METCALL CENTERS

“I would definitely book Return to Glory again. The team was professional, friendly and discreet.”

MIKI WATSON, GOLDEN GOOSE PR



In partnership with



Prices

Company treatments

Delivering a powerful message that you value the wellbeing of your employees. Prices are per therapist per hour. One therapist can provide between 3 and 5 treatments per hour.

2 hours	3 hours	4 hours	6 hours	8 hours
£100	£150	£200	£230	£260
6 people	9 people	12 people	18 people	24 people

Subsidised treatments

Subsidised treatments make a corporate wellness initiative accessible to all.
Base cost to company: £80:00 | Cost to individual £7.00 per 15 mins

Contact

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» return to glory